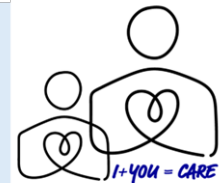


Utah youth caregivers (YC) and parents described how...



YC Support



Grandparents, parents, siblings, + other family

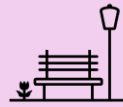


Military caregiving youth support parent recovery from deployment injuries

YC Assist



ADLs and IADLS*
+ respite for other caregivers



Outlets for play and recreation for care recipients

YC Impact



Family well-being
+ community understanding



CY motivation and future career choices

**Activities of daily living (ADLs) and Instrumental activities of daily living (IADLs) are tasks that help a person live independently*

The Identifying Youth Caregivers (I+YOU Care) Community Advisory Board consisted of current and former youth caregivers, parents, grandparents, and other guardians of youth caregivers from military, veteran, and civilian families in Utah. The I+YOU Care CAB met five times from January – August 2024 to share experiences about youth caregiving. The University of Utah IRB determined the I+YOU Care Project as Non-Human Subjects Research.

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