

How much do parents and adolescents agree about adolescent well-being?

Results from a Survey of 111 Parents and their Adolescent Children

Parents and adolescents had moderate agreement on adolescent well-being



Parent-child correlations were:
 $r = 0.44$ for adolescent well-being
 $r = 0.38$ for adolescent stress
 $r = 0.31$ for family relationship

Adolescent well-being was associated with their overall health



Correlations with overall health:
↑ for well-being: $r = 0.67$
↑ for family relationship: $r = 0.67$
↓ for stress: $r = -0.40$

Individual differences also were associated with adolescent well-being



Emotional stability → positive well-being outcomes
Attachment avoidance → negative well-being outcomes