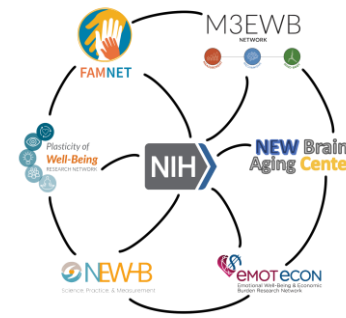


# Understanding Family Well-being in Families with an Individual with Intellectual Disability

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What are the components of family well-being among families with an individual with intellectual disability?



Systematic review of systematic reviews that address well-being of families or family members where a member of the family has an intellectual disability



Components of well-being as identified in published reviews

## Inclusion Criteria for the Review

Criteria	Description
Population	Families that include an individual with an intellectual disability and family members of those with an intellectual disability
Interventions	n/a – observational studies
Comparisons	Not required, but allowed
Outcomes	Family well-being or some component (ex. caregiver mental health, sibling quality-of-life)
Clinical settings	n/a – observational studies
Geographic setting	Research conducted in the United States or in populations similar to U.S. populations with services and interventions applicable to U.S. practice
Study Designs	Case-control studies or cohorts; qualitative studies;
Timing	Published in 2000 or later
Languages	Full text published in English
Publication type	Systematic reviews, scoping reviews, meta-analyses

## Future Directions

*Identify existing measures of components of family well-being to determine where measures are needed.*