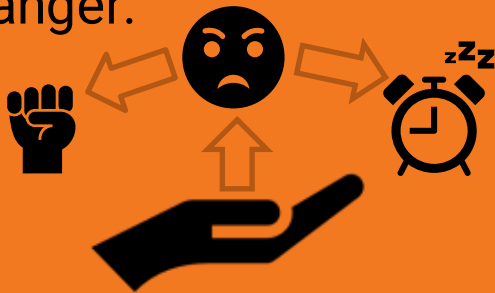




## Father Involvement in the Newborn Intensive Care Unit. A Pilot Study.

What is the association between father involvement and paternal well-being?  
A mixed method study with 32 completed surveys and 12 interviews.

Significant correlations between emotional support in NICU and reduced stress, and between reduced stress, better sleep and less anger.



Majority of fathers report strain, stress, and exhaustion during and after NICU stay.

Fathers are very involved in infant care.



Most fathers wish for support groups and education of community on NICU babies.

